



RLCC Spring Fitness Classes

REGISTRATION IS NOW OPEN!!

We have many classes that will fit your personal fitness goals and schedule.

REGISTER TODAY!!!!

Call 727-2089

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Core & More	Step Fitness	Morning Movement	Step Fusion	Morning Movement	Weekend Weights
550-650am	5-6pm	550-650am	5-6pm	550-650am	830-930am
					Yoga 10-11am

Pre-registration is required for all classes. Please call NOW to secure your spot.
Class sizes are limited. 727-2089