



GYM RULES

1. Physical distancing must be maintained at all times.
2. Equipment is to be sanitized by the user before and after use.
3. Use only one piece of equipment at a time.
4. No hard to clean items will be available (ie skipping ropes, battle rope, etc)
5. All equipment must return to its original spot.
6. Come prepared to work out in work out attire as well as clean indoor shoes. The change rooms/showers are not available.
7. Come with plenty of water. Staff will not be refilling water bottles. We do have bottled water for sale.
8. Follow all other normal gym rules.
9. Wearing a mask is highly recommended.

**FAILIURE TO ADHERE TO ALL GYM RULES WILL RESULT IN BEING ASKED TO
LEAVE THE BUILDING**