










SEPTEMBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 - CLOSED - For Labor Day	3 Balmertown (GLC) 10—1 <i>Breastfeeding Support Group</i> 1:30—3	4 Balmertown (GLC) 9—1 <i>First Day of School!</i>	5 Cochenour Park 9—12	6 Family Swim at the RLG Recreation Centre! 9:45—11:15	7 
8 	9 Red Lake Rec Centre 9—1	10 Balmertown (GLC) 10—1	11 Balmertown (GLC) 9—1 <i>Baby N Me 1-3</i>	12 Cochenour Hall 9—12	13 Red Lake Rec Centre 9—1	14 
15 	16 Red Lake Rec Centre 9—1	17 Balmertown (GLC) 10—1	18 Balmertown (GLC) 9—1 <i>Baby N Me 1-3</i>	19 Cochenour Hall 9—12 Baby Food Making Workshop 9:30 am	20 - CLOSED - For Professional Development	21 
22 	23 Red Lake Rec Centre 9—1	24 Balmertown (GLC) 10—1	25 Balmertown (GLC) 9—1 <i>Baby N Me 1-3</i>	26 Cochenour Hall 9—12	27 Red Lake Rec Centre 9—1	28 
29 	30 Red Lake Rec Centre 9—1	<p>For more information call or text us at 727-3576 Like and Follow our Facebook page: Red Lake EarlyON Child and Family Centre. Updates posted on the Facebook Page.</p>				

September

September Reminders

- ◆ We are CLOSED on Monday, September 2nd for Labor Day
- ◆ We are CLOSED on Friday, September 20th for Professional Development
- ◆ Breastfeeding Support Group is on Tuesday, September 3rd from 1:30 to 3:00. This is a group time designated for breastfeeding mothers to talk about their experiences and get information from professionals
- ◆ Baby N Me returns on Wednesday, September 11th and is from 1:00 to 3:00 at our Balmertown location

September Special Events

- ◆ We are back in our Balmertown (GLC) location on Tuesday's from 10:00 to 1:00
- ◆ Thursday, September 5th will be our last day at Cochenour Park until next Spring!
- ◆ We are partnering up with the RLGM Recreation Centre once a month on a Friday for Family Open Swim! On Friday, September 6th, we will meet at the RLGM Recreation Centre pool to attend Family Open Swim that runs from 9:45 to 11:15. Price for attending is FREE if you or your immediate family works for Newmont-Golccorp. If this does not apply; children under 4 are FREE and caregivers are \$3.50. During these events we will learn about water safety, sing songs, and have some fun splashing around in the pool! *Please note: ALL children must have a caregiver IN the pool with them at all times* Once we are done swimming; we will gather in the pool viewing area for a snack!
- ◆ Thursday, September 19th at 9:30 am there will be a Baby Food Making Workshop with Dianne Sidders (FIREFLY) Cost to attend is \$10 and sign up is required as there is limited spaces. This is a workshop where you learn to make healthy homemade baby food and you get to take what you make home with you!