



September 2020





Online Programming

Pre-registration is **REQUIRED**. We are only accepting pre-registration through e-mail. To register please e-mail ingrid.pickard@redlake.ca

Once you register for a program, you will receive confirmation and any other information you will need! Some programs have packages that need to be picked up before hand.

All online programming will be run through Zoom.

- Virtual story and a craft will take place on Monday's from 1:00 pm to 2:00 pm. We will share a story and your child(ren) will be able to do a related craft afterward! *We will provide craft materials*
- Puppet shows will take place on Tuesdays from 1:00 to 2:00 pm. We will put on a puppet show for your family to enjoy and talk about what we learned / noticed during the show
 - Infant Massage will be on Wednesdays from 2:00 pm to 3:00 pm ****REGISTRATION FULL****
- Interactive Story Time will be on Thursdays from 1:00 pm to 2:00 pm. This is a time where we will do a story using materials that promote retell from children after they've heard it! We will share the resources we use as well
- Toddler and Preschool Yoga will be on Fridays from 1:00 pm to 2:00 pm. We will introduce belly breathing, calm down yoga, and so much more!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
<p>Pre-registration is required for all online programming. If you're interested in participating, please e-mail ingrid.pickard@redlake.ca and we will send you the Zoom information</p>				Breastfeeding Support Group 1:30—2:30		
6	7 - CLOSED -	8	9	10	11 Toddler/ Preschool Yoga 1—2 pm	12 
13 	14 Virtual Story & Craft 1—2 pm	15 Puppet Show 1—2 pm	16 Infant Massage 2-3 pm	17 Interactive Story Time 1—2 pm	18 Toddler/ Preschool Yoga 1—2 pm	19
20	21 Virtual Story & Craft 1—2 pm	22 Puppet Show 1—2 pm	23 Infant Massage 2-3 pm	24 Interactive Story Time 1—2 pm	25 Toddler/ Preschool Yoga 1—2 pm	26 
27 	28 Virtual Story & Craft 1—2 pm	29 Puppet Show 1—2 pm	30 Infant Massage 2-3 pm	<p>For more information call or text us at 727-3576 Like and Follow our Facebook page: Red Lake EarlyON Child and Family Centre. Updates posted on the Facebook Page.</p>		