

In-Person Programming

- ◇ All of our in-person play groups are at the Cochenour Hall
- ◇ You must pre-register for events using KEyON. Spots are limited to 15 people (caregivers and children) per time slot. Families can only sign up for one time slot a day. Play Group events are located under the Cochenour Events page on the KEyON website
- ◇ **PLEASE NOTE:** If you register to come to a play group, and you are no longer able to attend, please cancel your pre-registration on KEyON. This allows for other families to pre-register to use that spot.

Online Programming

- ◆ Virtual Story & Craft will take place on Tuesdays at 1:00 pm. This is a time to enjoy a song, a story, then do a craft together via Zoom! Please pre-register on KEyON **AND** send an e-mail to ingrid.pickard@redlake.ca to receive the Zoom information and how to pick up a craft package
- ◆ Infant Massage is a 5 week program via Zoom where you will learn massage strokes to do on your baby and learn about the benefits of nurturing touch. Commitment to all 5 sessions is necessary and spots are limited. It will be on Wednesdays at 1:00 pm. Please register via KEyON **AND** e-mail ingrid.pickard@redlake.ca so we can arrange a time to get your infant massage package to you. We will supply the massage strokes handouts and oil to be used during massage
- ◆ Preschool/Toddler Science Fun will take place on Thursday November 5th and 12th at 1:00 pm. Come watch and participate from home doing different science experiments! They will be ones that require items you already have in your home! You could choose to do the experiment at the same time as us via Zoom, or choose to do it later OR you can just watch! Please register via KEyON **AND** send an e-mail to ingrid.pickard@redlake.ca for the Zoom information and science experiment materials list
- ◆ Songs & Rhymes will start on Thursday, November 19th at 1:00 pm and run until Christmas Break! Please register via KEyON **AND** send an e-mail to ingrid.pickard@redlake.ca for the Zoom information and we will e-mail you the songs list. If you do not have access to a printer, please let us know and we will get you a hard copy