

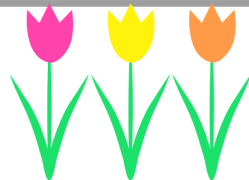



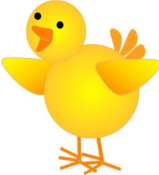

### April Reminders

- ◇ Breastfeeding Support Group is on Tuesday, April 2nd from 1:30 to 3:00 pm at the Balmertown (GLC) location. This is a group time designated for Breastfeeding mothers to talk about their experiences and get information and resources from professionals
- ◇ **IMPORTANT LOCATION CHANGES:** On Thursday April 18th and April 25th; we will be at our **BALMERTOWN** location from 9:00 am to 12:00 pm.
- ◇ Saturday Play Group will be on April 6th and April 13th from 10:00 am to 12:00 pm at the Cochenour Hall
  - ◇ We will be **CLOSED** on Friday, April 19th and Monday, April 22nd for Easter Weekend

### April Special Events

- \* Thursday, April 11th starting at 10:00 am we will be offering a craft day with Diane! Diane will have a Spring themed craft to do with the caregivers attending the Centre. Diane from the RLIFC will bring all the materials and it is a no cost event. Please let us know if you are planning on attending.
- \* At Baby N Me on April 17th, Nadine Roche (Healthy Babies Nurse) from the Northwestern Health Unit will be there with her scale and do a presentation (topic to be determined)
- \* At Baby N Me on April 24th, Dianne Sidders from FIREFLY will be there with her scale and to do a presentation from the Children's Mental Health Series.
  - \* On Mondays at 10:30 am we will have a story
- \* On Fridays at 10:30 we will have a song circle (a time to sing songs and take requests for favorite ones to sing!)



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
 7	1 Red Lake Rec Centre 9—1  Story 10:30	2 Balmertown (GLC) 10—1 <b>Breastfeeding Support Group</b> <b>1:30—3</b>	3 Balmertown (GLC) 9—1 Baby N Me 1—3	4 Cochenour Hall 9—12  <i>Gross Motor Activities!</i>	5 Red Lake Rec Centre 9—1  Song Circle 10:30	6 Saturday Play Group 10—12	
14	8 Red Lake Rec Centre 9—1  Story 10:30	9 Balmertown (GLC) 10—1	10 Balmertown (GLC) 9—1 Baby N Me 1—3	11 Cochenour Hall 9—12  <b>Craft with Diane!</b> <b>10 am</b>	12 Red Lake Rec Centre 9—1  Song Circle 10:30	13 Saturday Play Group 10—12	
21	22 <b>- CLOSED -</b>	15 Red Lake Rec Centre 9—1  Story 10:30	16 Balmertown (GLC) 10—1  Baby N Me with Nadine 1—3	17 Balmertown (GLC) 9—1 Baby N Me with Nadine 1—3	18 Balmertown (GLC) 9—12  <b>- CLOSED -</b>	19 <b>- CLOSED -</b>	20 
 28	23 Balmertown (GLC) 10—1	24 Balmertown (GLC) 9—1 Baby N Me with Dianne 1—3	25 Balmertown (GLC) 9—12	26 Red Lake Rec Centre 9—1 School PD Day	27		
29 Red Lake Rec Centre 9—1	30 Balmertown (GLC) 10—1	For more information call or text us at 727-3576 Like and Follow our Facebook page: <b>Red Lake EarlyON Child and Family Centre.</b> Updates posted on the Facebook Page.					